

FREE!

COUNTRY LIFE SEMINAR

LOOK & FEEL YOUNGER

LEARN HOW TO AGE GRACEFULLY, WITH A FOCUS ON SHARP
MIND, STRONG BONES AND YOUTHFUL SKIN.



ABOUT OUR SPEAKER: **AUDREY ROSS** ND, OF COUNTRY LIFE

Audrey has been in the health and wellness arena for over 25 years. For 10 years Audrey ran a successful naturopathic consulting practice in Texas, and she has worked as a nutritional consultant for medical doctors, integrating traditional and alternative therapies for their patients. She currently works with Country Life as an educator, and is a highly sought after speaker on health and nutrition. She co-authored a book on female hormone management, and is a frequent guest on numerous radio shows. She is passionate about bridging the divide between allopathic and naturopathic medical practices.

**FREE
SAMPLES**
FOR ALL ATTENDEES!

MONDAY, OCTOBER 2ND AT 7PM

N.W. 63RD & N. MAY
OKLAHOMA CITY, OK - (405) 843-3033

TUESDAY, OCTOBER 3RD AT 7PM

51ST & MEMORIAL
TULSA, OK - (918) 663-4137

WEDNESDAY, OCTOBER 4TH AT 7PM

4019 W WALNUT RD
ROGERS, AR - (479) 986-8787

THURSDAY, OCTOBER 5TH AT 7PM

1344 E. BATTLEDIELD
SPRINGFIELD, MO - (417) 887-5985

Seating is limited. Please RSVP by calling, e-mailing at rsvp@akins.com, or in person at the store. Please specify date & time when registering.

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